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An Innovative Interactive Case-Based Online Education Tool Significantly Increases Knowledge and Competence of Clinicians Managing Triple-Class Refractory Multiple Myeloma

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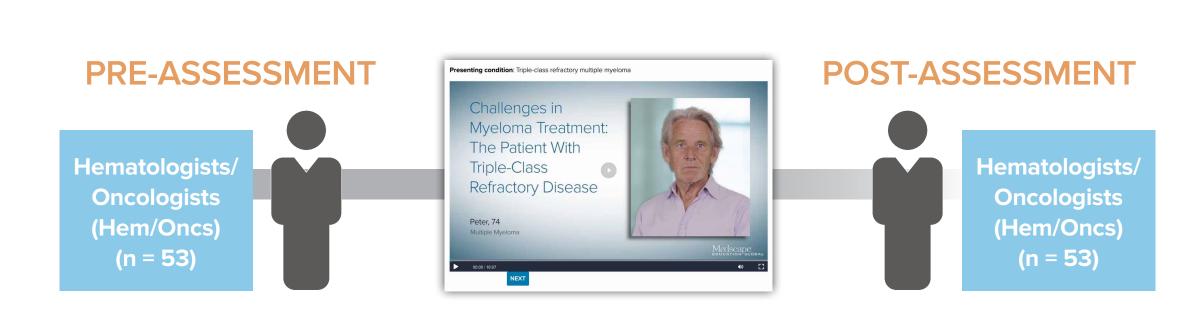
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BACKGROUND

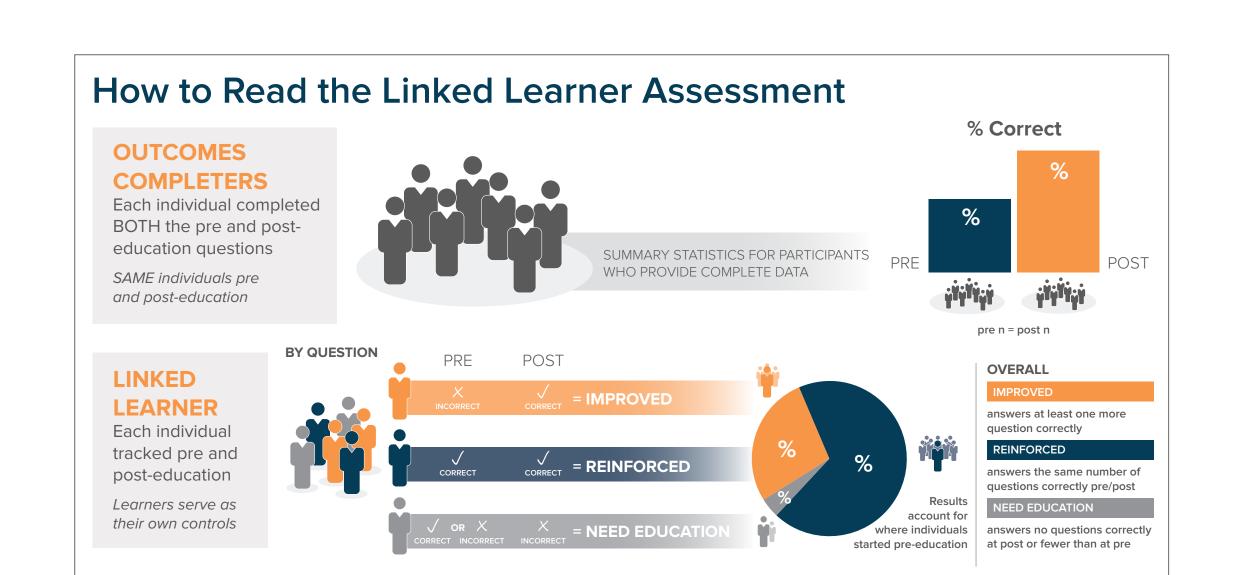
With B-cell maturation antigen
(BCMA)-targeted therapies available
for multiple myeloma (MM), such as
for triple-class refractory disease,
it is important that physicians are knowledgeable and
competent in how to use these agents. This study
aimed to determine whether online continuing medical
education could improve the knowledge, competence,
and confidence of hematologists/oncologists (hem/oncs)
in managing patients with triple-class refractory
MM who are candidates for BCMA-targeted therapy,

METHODS

using a case-based approach.



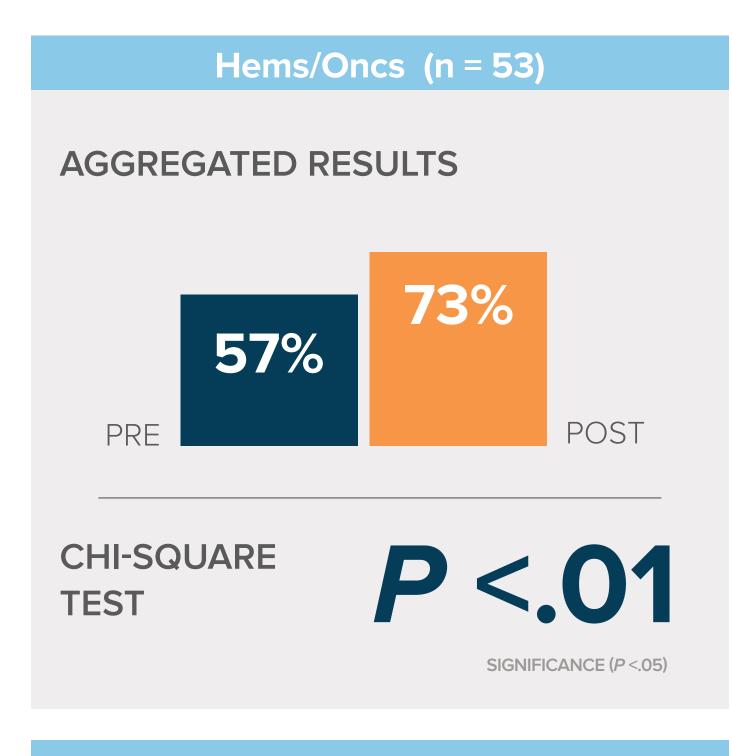
Hem/oncs participated in a 16-minute segmented online multi-media activity consisting of videos portraying realistic physician—patient interactions followed by expert commentaries.¹ The activity launched 1 April 2022 with data collection through 16 December 2022.

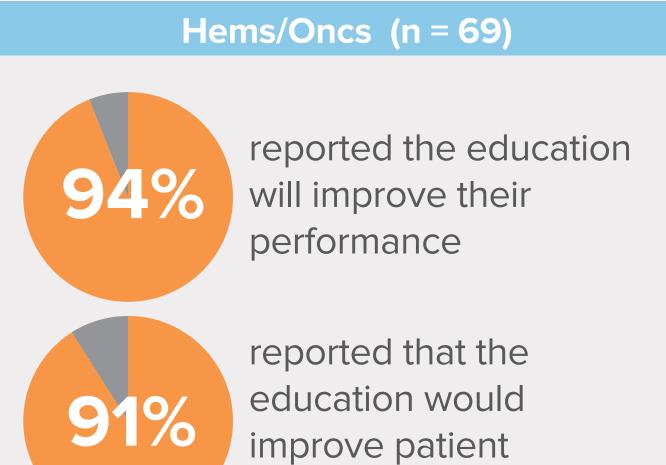


RESULTS

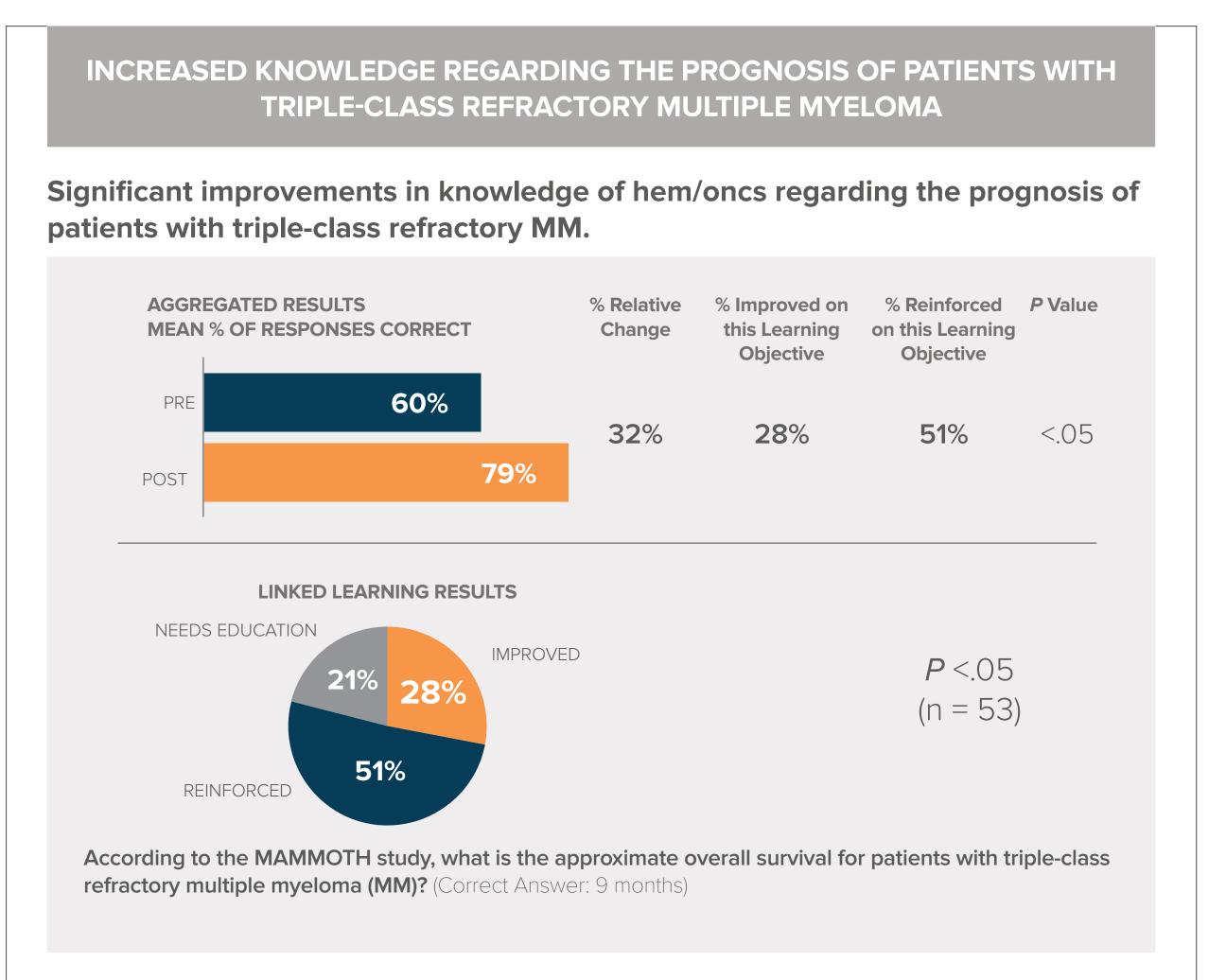
Overall, significant improvements in hem/onc knowledge and competence were seen after participation in the education.

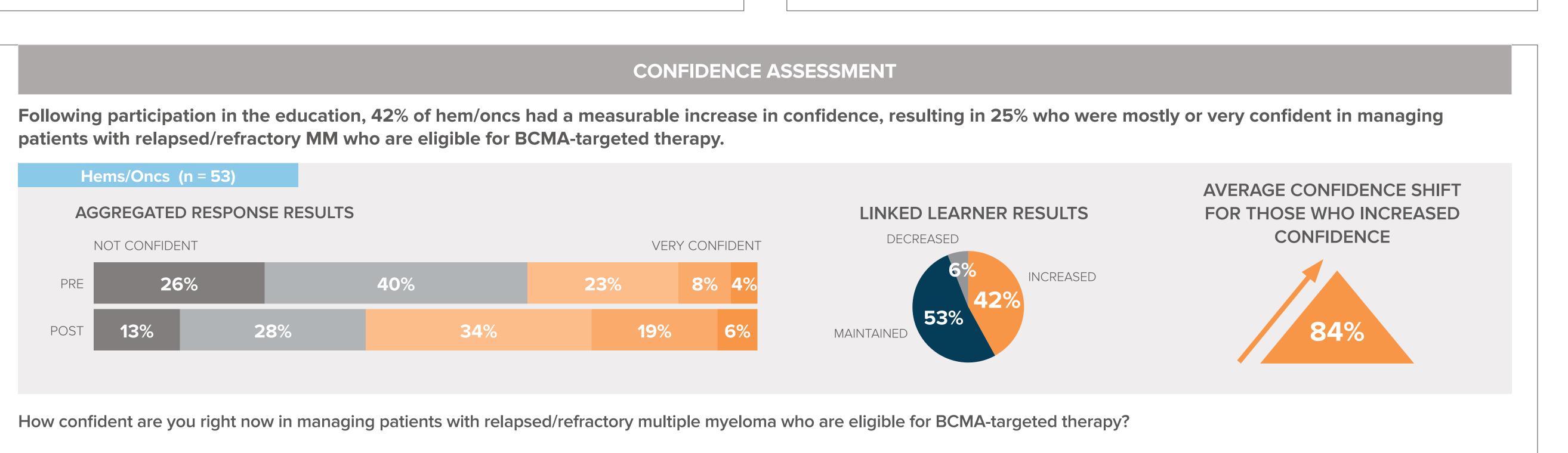
180% more hem/oncs answered all questions correctly after the education (15% pre, 42% post).





outcomes





GREATER COMPETENCE RELATED TO SELECTING THE APPROPRIATE

TREATMENT BASED ON DISEASE-RELATED FACTORS FOR PATIENTS WITH

TRIPLE-CLASS REFRACTORY MULTIPLE MYELOMA

Significant improvements in competence related to selecting the appropriate treatment

Which of the following therapies is the LEAST appropriate choice for a patient with triple-class refractory

P < .01

(n = 53)

based on disease-related factors for patients with triple-class refractory disease.

AGGREGATED RESULTS

MEAN % OF RESPONSES CORRECT

LINKED LEARNING RESULTS

51%

(Correct Answer: Idecabtagene vicleucel [ide-cel])

multiple myeloma with renal impairment (creatinine clearance of 40 mL/min)?

CONCLUSIONS

- This study demonstrates the ability of innovative online, interactive case-based models to transform access to new educational opportunities and improve knowledge and competence of hem/oncs in managing patients with tripleclass refractory MM. This could lead to improvements in the management of this patient population.
- Both improvement and reinforcement in the context of a linked learning assessment have been shown to positively correlate with increases in confidence as well as intention to make clinical practice changes,2 suggesting that most clinicians who participated in this activity are likely to make practice changes that may lead to improved overall outcomes for these patients.

REFERENCES

- 1. Mateos MV. Challenges in Myeloma Treatment: The Patient With Triple-Class Refractory Disease. Launched: 1/4/2022. Data as of 16/12/2022. Available at www.medscape.org/viewarticle/971037
- 2. Lucero KS, Chen P. What do reinforcement and confidence have to do with it? A systematic pathway analysis of knowledge, competence, confidence, and intention to change. *J Eur CME*. 2020;9:1834759.

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